

## *What is a Typical Day at Wediko Summer Program?*

**7:00am Wake Up & Morning Routines**

Cabin staff help Children begin their morning routines of brushing their teeth, showering and getting dressed for the day.

**8:00am Breakfast in AMES Hall**

The first of three family style meals in AMES Dining Hall.

**8:30am Cabin Clean Up**

Children return to their cabins to participate in assigned chores to help keep the cabins clean and tidy

**9:00am Activity Hour 1 (Sign Up)**

Children's choice! Children choose from a list of activities such as archery, swimming, theatre, and board games.

**10:00am Think City: Life Long Learning!**

As a cabin group, Children transition to Think City classrooms to study reading, writing and math.

**12:00pm Lunch in AMES Hall**

**1:00pm Activity Hour 2 (Sign Up)**

**2:00pm Activity Hour 3 (Cabin Group)**

Transition to another fun, scheduled activity with Children and counselors within Children own cabins.

**3:00pm General Swim**

Cabin groups transition to Black Pond for fun in the water. Three pools are set up for kids of any swimming level to swim, learn to swim, play a water game or relax and cool off.

**4:00pm Cabin Group Meetings (Group Therapy)**

Cabin groups come together for a therapeutic hour of group discussions prepared by the cabins' Clinical Supervisors.

**5:00pm Activity Hour 4 (Cabin Group)**

**6:00pm Dinner in AMES Hall**

**7:00pm Arcade/Playground**

A fun place to play video games, air hockey, card games, read a book, or make friends on the playground.

**7:30pm Evening Activity**

Let's get active! Children and staff participate in fun team games of soccer, basketball, freeze tag and many other fun games.

**8:30pm Bedtime Routines**

Children transition back to the cabins and begin to wind down for the night; brushing their teeth, taking a shower and preparing for bed while staff facilitates a relaxing hour of music, book reading, and quiet time.