

Outpatient Clinic

Wediko's Boston-based office was approved in October 2009 as a Group Behavioral Health Provider by Blue Cross Blue Shield of Massachusetts.

One psychologist and two social workers have appointment times available during the day, the evening, and on Saturdays. Individual therapy, family therapy, couples therapy, and group therapy are available for members of BCBSMA Personal Help Connection Network, Preferred Provider Organization, and Indemnity products.

Call for information or an appointment at 617-292-2900.

Providers:

Anne Gehrenbeck-Shim, Ph.D.

- 16 years experience providing treatment with Wediko, helping improve school functioning in children and adolescents
- Child, adolescent, adult, family, and couples therapy
- Experience with victims of abuse and trauma
- Cognitive behavioral and behavioral therapy
- Specialty in attachment-focused therapy for adoptive families

Terry J. Landon, LICSW

- 25 years experience in Wediko's Summer Program and School-Based services, with a focus on adolescent girls & their families
- Child, adolescent, adult, family, group, and couples therapy
- Specialty in Asperger's Disorder
- Parent support groups
- Advanced training in trauma-informed treatment

Kurt D. Nelson, LICSW

- 4 years experience providing treatment with Wediko
- Assessment & treatment of school-related difficulties
- Child, adolescent, adult, family, and couples therapy
- Experience with military professionals and their families
- Behavioral, cognitive behavioral, dialectical behavioral therapy
- Trauma-informed treatment and grief counseling